

WEEK 3: SUNDAY

EVENING PRAYER 1

Hymn, from the appendix, for the Season.

Through the Year

O Light serene of God the Father' s glory,
To you, O Christ, we sing,
And with the evening star, at hour of sunset,
Our worship bring.

To Father, Son and God' s most Holy Spirit,
Eternal praise is due.
O Christ, who gave your life, the would gives glory
And thanks to you.

PSALMODY

Antiphon I:

Advent: Rejoice greatly, Jerusalem, for your Saviour will
come to you, alleluia.

Lent: Repent and believe the Gospel, says the
Easteride: The Lord God is high above the heavens, and
from the dust he lifts up the lowly, alleluia.

Through the Year: From the rising of the sun to its setting,
great is the name of the Lord.

Praised be the name of the Lord

Psalm II2(II3)

*He put down princes from their thrones and exalted the
lowly (Lk 1:52)*

Praise, O servants of the Lord,*
praise the name of the Lord!
May the name of the Lord be blessed*
both now and for evermore!
From the rising of sun to its setting*
praised be the name of the Lord!

High above all nations is the Lord,*
above the heavens his glory.
Who is like the Lord, our God,*
who has risen on high to his throne
yet stoops from the heights to look down,*
to look down upon heaven and earth?

From the dust he lifts up the lowly,*
from his misery he raises the poor
to set him in the company of princes,*
yes, with the princes of his people.
To the childless wife he gives a home*
and gladdens her heart with children.

Ant. From the rising of the sun to its setting, great is the
name of the Lord.

Ant. Advent: Rejoice greatly, Jerusalem, for your Saviour
will come to you, alleluia.

Ant.2: I, the Lord, am coming to deliver you; I am already
near and my saving act will not be delayed.

Ant. Lent: Repent and believe the Gospel, says the Lord.

Ant.2: A thanksgiving sacrifice I make: I will call on the
Lord's name.

Ant. Eastertide: The Lord God is high above the heavens
and from the dust he lifts up the lowly, alleluia

Ant.2: You have loosened my bonds, Lord: a sacrifice of
praise I will make to you, alleluia.

Ant.2: I will take the chalice of salvation, and I will call
on the name of the Lord.

Thanksgiving in the temple

Psalm 115(116)

*Through him (Christ), let us offer God and unending
sacrifice of praise (Heb 13:15)*

I trusted, even when I said:*
I am sorely afflicted,'

and when I said in my alarm:*

No man can be trusted.'

How can I repay the Lord*

for his goodness to me?

The cup of salvation I will raise;*

I will call on the Lord's name.

My vows to the Lord I will fulfil*

before all his people.

O precious in the eyes of the Lord*

is the death of his faithful.

Your servant, Lord, your servant am I;*

you have loosened my bonds.

A thanksgiving sacrifice I make:*

I will call on the Lord' s name.

My vows to the Lord I will fulfil*

before all his people,

in the courts of the house of the Lore,*

in your midst, O Jerusalem.

Ant. I will take the chalice of salvation, and I will call on
the name of the Lord.

Ant.Advent: I, the Lord, am coming to deliver you; I am
already near and my saving act will not be delayed.

Ant.3: Send, Lord, the Lamb, the ruler of the earth, from
the Rock of the desert to the mountain of the daughter of
Sion.

Ant.Lent: A thanksgiving sacrifice I make: I will call on
the Lord's name.

Ant.3: No one takes my life from me, but I lay it down of
my own accord, and I have power to take it up again.

Ant. Eastertide: You have loosened my bonds, Lord: a
sacrifice of praise I will make to you, alleluia.

Ant.3, Eastertide: The Son of God learned to obey through suffering, and he became the source of eternal salvation for all those who obey him, alleluia.

Ant.3 : The Lord Jesus humbled himself, but God exalted him on high for ever.

Christ, the servant of God

Canticle: Phil 2:6-II

Though he was in the form of God,*
Jesus did not count equality with God a thing to be grasped.
He emptied himself,
taking the form of a servant,*
being born in the likeness of men.

And being found in human form,
he humbled himself and became obedient unto death,*
even death on a cross.

Therefore God has highly exalted him*
and bestowed on him the name which is above every name,
That at the name of Jesus every knee should bow,*
in heaven and on earth and under the earth,

And every tongue confess that Jesus christ is Lord,*
to the glory of God the Father.

Ant. The Lord Jesus humbled himself, but God exalted him on high for ever.

Ant.Advent: Send, Lord, the Lamb, the ruler of the earth, from the Rock of the desert to the mountain of the daughter of Sion.

Lent: No one takes my life from me, but I lay it down of my own accord, and I have power to take it up again.

Eastertide: The Son of God learned to obey through

suffering and he became the source of eternal salvation for all those who obey him, alleluia.

Through the Year

SCRIPTURE READING

I pray that the God of peace, who brought our Lord Jesus back from the blood that sealed an eternal covenant, may make you ready to do his will in any kind of good action; and turn us all into whatever is acceptable to himself through Jesus Christ, to whom be glory for ever and ever, Amen.

SHORT RESPONSORY

R How great are your works, O Lord. **Repeat R**

V In wisdom you have made them all. **R** Glory be. **R**

Magnificat antiphon from the Proper of Seasons.

INTERCESSIONS

Christ our Lord is mindful of all who need him, and does great things for love of them. Let us not be afraid to ask him for all our needs. **R** Show us your loving kindness.

Lord, we know that the good things we have received today have come as a gift from you:--may we receive them with thankfulness and learn how to give. **R**

Saviour and light of all people, keep missionaries in your special care:--may the light of your Spirit burn strongly in them. **R**

Grant that the world may be filled with the knowledge of your truth;--help us to carry out all you have called us to do. **R**

You healed the sickness and pain of your brothers:--

Bring healing and comfort to the spirit of man. **R**

Give rest to the faithful departed;--and bring them to praise you in eternity. **R**

Our Father

The concluding prayer from the Proper of Seasons.

INVITATORY

Ant. Come, ring out our joy to the Lord; hail the God who save us, alleluia.

saves us, alleluia.

Psalm, p[5]

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

Transcendent God in whom we live,
The Resurrection and the Light,
We sing for you a morning hymn
To end the silence of the night.

When early cock begins to crow
And everything from sleep awakes,
New life and hope spring up again
While out of darkness colour breaks.

Creator of all things that are,
The measure and the end of all,
Forgiving God, forget our sins,
And hear our prayer before we call.

Praise Father, Son and Holy Ghost,
Blest Trinity and source of grace,
Who call us out of nothingness
To find in you our resting-place.

Alternative hymn

Christ is the world's redeemer,
The lover of the pure,
The font of heavenly wisdom,
Our trust and hope secure,
The armour of his soldiers,
The Lord of earth and sky,
Our health while we are living,
Our life when we shall die.

Down in the realm of darkness,
He lay a captive bound,
But at the hour appointed
He rose a victor crowned.
And now, to heaven ascended,
He sits upon a throne,
Whence he had ne'er departed,
His Father's and his own.

All glory to the Father,
The unbegotten One,
All honour be to Jesus,
His sole-begotten Son;
And to the Holy Spirit,
The perfect Trinity,
Let all the worlds give answer,
Amen--so let it be.

PSALMODY

Antiphon I

Advent: The Lord will come without delay. He will bring
to light what darkness hides and he will reveal himself to
all the nations, alleluia.

Lent: Truly your decrees are to be trusted. They are more
wondrous than the surgings of the sea.

Easter tide: The Lord is king, with majesty enrobed,
alleluia.

Through the Year: The Lord is wonderful on high, alleluia.

The splendour of the Lord Creator

Psalm 92 (93)

*The Lord, our God, the Almighty is king; let us be glad
and rejoice and give him praise (Rev 19:6-7X)*

The Lord is king, with majesty enrobed;
the Lord has robed himself with might,*
he has girded himself with power.

The world you made firm, not to be moved;
your throne has stood firm from of old.*
From all eternity, O Lord, you are.

The waters have lifed up, O Lord,
the waters have lifeted up their voice,*
the water have lifed up their thunder.

Greater than the roar of mighty waters,
more glorious than the surgings of the sea,*
the Lord is glorious on high.

Truly your decrees are to be trusted.
Holiness is fitting to your house,*
O Lord, until the end of time.

Ant. The Lord is wonderful on high, alleluia.

Ant. Advent: The Lord will come without delay. He will
bring to light what darkness hides and he will reveal him-
self all the nations, alleluia.

Ant.2: Every mountain and hill shall be laid low, the
rugged places shall be made smooth and the mountain-
ranges become a plain. Come, Lord, and do not delay,
alleluia.

Ant.Lent: Truly your decrees are to be trusted. They are
more wondrous than the surgings of the sea.

Ant.2: Springs of water, bless the Lord: give glory and
eternal praise to him.

Ant. Eastertide: The Lord is king, with majesty enrobed,
alleluia.

Ant.2: The whole creation will be freed and will enjoy the
glory and freedom of the children of God, alleluia.

Ant.2: May you be praised, Lord, and extolled for ever,
alleluia.

Let every creature praise the Lord Canticle
Dan 3:57-88,56

Praise our God, all you his servants (Rev 19:5):

O all you works of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.*
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.*
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord.*
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.*
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.*
To him be highest glory and praise for ever.

And you, shower and dew, O bless the Lord.*
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.*
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.*
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.*
To him be highest glory and praise for ever.

O let the earth bless the Lord.*
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.*
And you, all plants of the earth, O bless the Lord.

And you, fountains and springs, O bless the Lord.*

To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.*

And you, creatures of the sea, O bless the Lord.

And you, every bird in the sky, O bless the Lord.

And you, wild beasts and tame, O bless the Lord.*

To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.*

To him be highest glory and praise for ever.

O Israel, bless the Lord. O bless the Lord.*

And you, priests of the Lord, O bless the Lord.

And you, servants of the Lord, O bless the Lord.*

To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the

Lord.*

And you, holy and humble of heart, O bless the Lord.

Annias, Azarias, Mizael, O bless the Lord.*

To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit.*

To you be highest glory and praise for ever.

May you be blessed, O Lord, in the heavens;*

To you be highest glory and praise for ever.

The Glory be is omitted after this canticle.

Ant. May you be praised, Lord, and extolled for ever,
alleluia.

Ant.Advent: Every mountain and hill shall be laid low, the
rugged places shall be made smooth and the mountain-
ranges become a plain. Come, Lord, and do not delay,
alleluia.

Ant.3: I will give salvation to Sion, I will bring my glory
to Jerusalem, alleluia.

Ant.Lent: Springs of water, bless the Lord: give glory and
eternal praise to him

Ant.3: All kings and peoples of the earth, praise God.

Ant. Eastertide: The whole creation will be freed and will enjoy the glory and freedom of the children of God, alleluia.

Ant.3: The name of the Lord is praised, in heaven and on earth, alleluia.

Ant.3: Praise the Lord from the heavens, alleluia.

Hymn of praise to the Lord, the Creator

To the One who sits on the throne and to the Lamb, be all praise, honour, glory and power, for ever and ever

(Rev 5:13)

Praise the Lord from the heavens,*

praise him in the heights.

Praise him, all his angels,*

praise him, all his hosts.

Praise him, sun and moon,*

praise him, shining stars.

Praise him, highest heavens.

Let them praise the name of the Lord.*

He commanded: they were made.

He fixed them for ever,*

gave a law which shall not pass away.

Praise the Lord from the earth,*

sea creatures and all oceans,

fire and hail, snow and mist,*

stormy winds that obey his word;

all mountains and hills,*

all fruit trees and cedars,

beasts, wild and tame,*

reptiles and birds on the wing;

all earth's kings and peoples,*
earth' s princes and rulers;
young men and maidens,*
old men together with children.

Let them praise the name of the Lord*
for he alone is exalted.
The splendour of his name*
reacher beyond heaven and earth.

He exalts the strength of his people.*
He is the praise of all his saints,
of the sons of Israel,*
of the people to whom he comes close.

Ant. Praise the Lord from the heavens, alleluia.

Ant. Advent: I will give salvation to Sion, I will bring my
glory to Jerusalem, alleluia.

Lent: All kings and peoples of the earth, praise God.

Easter tide: The name of the Lord is praised, in heaven
and on earth, alleluia.

Through the Year

SCRIPTURE READING

Ezek 37:12b-14

The Lord God says this: I am now going to open your
graves; I mean to raise you from your graves, my people,
and lead you back to the soil of Israel. And you will know
that I am the Lord, when I open your graves and raise you
from your graves, my people. And I shall put my spirit in
you, and you will live, and I shall resettle you on your own
soil; and you will know that I, the Lord, have said and
done this-- it is the Lord God who speaks.

SHORT RESPONSORY

R You are the Christ, the Son of the living God. Have
mercy on us. Repeat **R**

V You are seated at the right hand of the Father. **R**

Glory be. **R**

Benedictus antiphon from the Proper of Seasons.

INTERCESSIONS

We pray to the Father, who sent his Holy Spirit to bring new light to the hearts of us all. **R** Lord, send us the light of your Spirit.

Blessed are you, the source of all light;-- all creation rightly gives you praise. **R**

Though the resurrection of your Son, the world is filled with light;--through the gift of your Spirit, may your light shine out in the Church. **R**

Though your Holy Spirit, the disciples remembered all that Jesus taught them:--pour out your Spirit on the Church that she may be faithful to that teaching. **R**

Light of all the nations, look upon those who live in darkness:--open their hearts to accept you as the one true God. **R**

Our Father

The concluding prayer from the Proper of Seasons.

EVENING PRAYER II

Hymn, from the appendix, for the
Season.

Through the Year

In the beginning God created heaven,
The dark and empty earth;
His Spirit moved across the sombre waters
And stirred them with his breath.

Then God created light, and with its coming
The dark was swept away;
The morning came, and then the quiet evening:
The end of God' s first day.

To God, the Father of the world, give glory,
With Christ his only Son,
Who with the Spirit govern all creation:
Blest Trinity in One.

Alternative hymn

Praise to the holiest in the height,
And in the depth be praise,

In all his words most wonderful,
Most sure in all his ways.

O loving wisdom of our God!
When all was sin and shame,
A second Adam to the fight
And to the rescue came.

O wisest love! that flesh and blood
Which did in Adam fail,
Should strive afresh against their foe,
Should strive and should prevail.

And that a higher gift than grace
Should flesh against their foe,
Should strive and should prevail.

And that a higher gift than grace.
Should flesh and blood refine,
God' s presence and his very self,
And essence all divine.

O generous love! that he who smote
In man for man the foe,
The double agony in man
For man should undergo.

And in the garden secretly,
And on the cross on high,
Should teach his brethren, and inspire
To suffer and to die.

Praise to the holiest in the height,
And in the depth be praise,
In all his words most wonderful,
Most sure in all his ways,

PSALMODY

Antiphon I

Anvent: See, the Lord will come. He will sit with prices
and he will mount the glorious throne.

Lent: Lord, almighty king, deliver us for the sake of your
name. Give us the grace to return to you.

Easter tide: When he had made purification for sin, he

sat at the right hand of the Majesty on high, alleluia.

Through the Year: The Lord's revelation to my Master:

'Sit on my right', alleluia.

The Messiah is king and priest

Psalm 109(110):1-5,7

*He must be king so that he will put all his enemies under
his feet (1 Cor 15:25)*

The Lord's revelation to my Master:

Sit on my right:*

your foes I will put beneath your feet.'

The Lord will wield from Sion

your sceptre of power:*

rule in the midst of all your foes.

A prince from the day of your birth

on the holy mountains;*

from the womb before the dawn I begot you.

The Lord has sworn on oath he will not change.

'you are a priest for ever,*

a priest like Melchizedek of old.'

The Master standing at your right hand*

will shatter kings in the day of his wrath.

He shall drink from the stream by the wayside*

and therefore he shall lift up his head.

Ant. The Lord's revelation to my Master: 'Sit on my
right', alleluia.

Ant. Advent: See, the Lord will come. He will sit with
princes and he will mount the glorious throne.

Ant.2: The mountains will bring forth joy and the hills
justice; for the Lord, the light of the world, comes in
strength.

Ant.Lent: Lord, allmighty king, deliver us for the sake of

your name. Give us the grace to return to you.

Ant. 2 : We were ransomed with the precious blood of
Christ, the lamb who is without blemish.

Ant. Eastertide: When he had made purification for sin, he
sat at the right hand of the Majesty on high, alleluia.

Ant.2: The Lord has delivered his people, alleluia.

Ant.2: The Lord is full of merciful love; he makes us
remember his wonders, alleluia.

Great are the works of the Lord

Psalm 110(III)

How great and wonderful are all your works, Lord God

Almighty (Rev 15:3)

I will thank the Lord with all my heart*
in the meeting of the just and their assembly.
Great are the works of the Lord;*
to be pondered by all who love them.

Majestic and glorious his work,*
his justice stands firm for ever.
He makes us remember his wonders.*
The Lord is compassion and love.

He gives food to those who fear him;*
keeps his covenant ever in mind.
He has shown his might to his people*
by giving them the lands of the nations.

His works are justice and truth:*
his precepts are all of them sure,
standing firm for ever and ever:*
they are made in uprightness and truth.

He has sent deliverance to his people
and established his covenant for ever.*
Holy his name, to be feared.

To fear the Lord is the first stage of wisdom;
all who do so prove themselves wise.*
His praise shall last for ever!

Ant. The Lord is full of merciful love; he makes us
remember his wonders, alleluia.

Outside Lent

Ant.Advent: The mountains will bring forth joy and the
hills justice; for the Lord, the light of the world, comes in
stre
ngth

Ant.3: Let us live justly and honestly while we are
awaiting, in hope, the coming of the Lord.

Ant. Eastertide: The Lord has delivered his people, alleluia.

Ant.3: Alleluia, the Lord our God is king; let us rejoice
and give glory to him, alleluia.

Ant.3: The Lord our God almighty is king, alleluia.

When chanted, this canticle is sung with Alleluia as set
out below. When recited, it suffices to say Alleluia at the
beginning and end of each strophe.

The marriage feast of the Lamb

Canticle

Cf Rev 19:1-2,5-7

Alleluia.
Salvation and glory and power belong to our God,*
(R Alleluia.)
His judgments are true and just.
R Alleluia (alleluia).

Alleluia.
Praise our God, all you his servants,*
(R Alleluia.)
You who fear him, small and great.
R Alleluia (alleluia).

Alleluia.

The Lord our God, the Almighty, reigns,.*

(R Alleluia.)

Let us rejoice and exult and give him the glory.

R Alleluia (alleluia).

Alleluia.

The Marriage of the Lamb has come, *

(R Alleluia)

And his bride has made herself ready.

R Alleluia (alleluia)

Ant. The Lord our God almighty is king, alleluia.

Ant. Advent: Let us live justly and honestly while we are

Awaiting, in hope, the coming of the Lord.

Easter tide : Alleluia, the Lord our God is king; let us

Rejoice and give glory to him, alleluia.

Lent

Ant. Lent: We were ransomed with the precious blood of

Christ, the lamb who is without blemish.

Ant. 3; Ours were the sufferings he bore, ours the sorrows

He carried.

Christ, the servant of God.

Canticle

Freely accepts his passion

I pet 2:21-24

Christ suffered for you,

leaving you an example*

that you should follow in his steps.

He committed no sin;*

no guile was found on his lips.

When he was reviled, *

he did not revile in return.

When he suffered, *

he did not threaten;

but he trusted to him*
who judges justly.

He himself bore our sins*
in his body on the tree,
that we might die to sin*
and live to righteousness.

By his wounds you have been healed.

Ant. Ours were the sufferings he bore, ours the sorrows he
car
rie
d.

Through the Year

SCRIPTURE READING

I Pet 1:3-5

Blessed be God the Father of our Lord Jesus Christ, who
in his great mercy has given us a new birth as his sons, by
raising Jesus Christ from the dead, so that we have a
sure hope and the promise of an inheritance that can never
be spoilt or soiled and never fade away, because it is
being kept for you in the heavens, Through your faith.
God's power will guard you until the salvation which
has been prepared is revealed at the end of time.

SHORT RESPONSORY

R Blessed are you, O Lord, in the vault of heaven.

Re
pe
at
R

V You are exalted and glorified above all else for ever. R

Glo
ry
be.
R

Magnificat antiphon from the Proper of Seasons.

INTERCESSIONS

God is ever creative. His love renews all things and is the
source of our hope. Let us turn to him in confidence: R

Lord, accept our thanks and our prayers.

We give thanks of the order of created things:--you
have blessed us with the resources of the earth and the gift
of human life. R

We give thanks for man's share in your continuing work
of creation:--we praise you for gifts to him of
inventive skill and creative vision. R Lord, accept our
thanks and our prayers.

We pray for all the nations of the world:--may those in
authority work for peace and good will among men. R

We pray for all who are homeless today:--we pray for
families searching for a place to live, and for refugees
driven from their homeland. R

Life was your first gift to us:--may those who have died
come to its fulness in you. R

Our Father

The concluding prayer from the Proper of Seasons.

WEEK 3: MONDAY

Invitatory ant. Let us come before the Lord, giving thanks,

Psalm, p[5].

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

The day is filled with splendour
When God brings light from light,
And all renewed creation
Rejoices in his sight.

The Father gives his children
The wonder of the world
In which his power and glory
Like banners are unfurled.

With every living creature,
Awaking with the day,
We turn to God our Father,
Lift up our hearts and pray:

O Father, Son and Spirit,
Your grace and mercy send,
That we may live to praise you
Today and to the end.

PSALMODY

Ant.1: They are happy, who dwell in your house, Lord.

17-23 December: Behold, the Lord, the ruler of the
kings of the earth, will come. Happy are those who are
ready to meet him.

Easter tide: My heart and my soul ring out their joy to
the living God, alleluia.

Longing for the temple of the Lord

Psalm 83(84)

We have no lasting city in this life but we look for one in
the life to come (Heb 13:14)

How lovely is your dwelling place,*
Lord, God of hosts.

My soul is longing and yearning,*
is yearning for the courts of the Lord.
My heart and my soul ring out their joy*
to God, the living God.

The sparrow herself finds a home*
and the swallow a nest for her brood;
she lays her young by your altars,*
Lord of hosts, my king and my God.

They are happy, who dwell in your house,*
for ever singing your praise.
They are happy, whose strength is in you,*
in whose hearts are the roads to Sion.

As they go through the Bitter Valley
they make it a place of springs,*
the autumn rain covers it with blessings.
They walk with ever growing strength,*
they will see the God of gods in Sion.

O Lord God of hosts, hear my prayer,*
give ear, O God of Jacob.
Turn your eyes, O God, our shield,*
look on the face of your anointed.

One day within your courts*
is better than a thousand elsewhere
The threshold of the house of God
I prefer to the dwellings of the wicked.

For the Lord God is a rampart, a shield;*
he will give us his favour and glory.
The Lord will not refuse any good*
to those who walk without blame.

Lord, God of hosts,*
happy the man who trusts in you!

Ant. They are happy, who dwell in your house, Lord.

17-23 December: Behold, the Lord, the ruler of the kings
of the earth, will come. Happy are those who are ready
to meet him.

Eastertide: My heart and my soul ring out their joy to the
living God, alleluia.

Ant.2: Come, let us go up to the mountain of the Lord.

17-23 December: Sing a new song to the Lord: Praise
him throughout the world.

Eastertide: Great is the Temple of the Lord; all the
nations will go there to worship, alleluia.

The mountain of the temple of the Lord

towers above the mountains

All the peoples will come and worship you (Rev 15:4)

Canticl

Is 2:2-5

It shall come to pass in the latter days
that the mountain of the house of the Lord*
shall be established as the highest of the mountains,
and shall be reised above the hills;*
and all the nations shall flow to it,

And many peoples shall come, and say:

Come, let us go up to the mountain of the Lord,*
to the house of the God of Jacob,
that he may teach us his ways*
and that we may walk in his paths.'
For out of Sion shall go forth the law,*
and the word of the Lord from Jerusalem.

He shall judge between the nations,*
and shall decide for many peoples;
and they shall beat their swords into ploughshares,*
nation shall spears into pruning hooks;
neither shall they learn war any more.

O house of Jacob, come,*
let us walk in the light of the Lord.

Ant. Come, let us go up to the mountain of the Lord.

17-23 December: Sing a new song to the Lord: Praise
him throughout the world.

Eastertide: Great is the Temple of the Lord; all the
nations will go there to worship, alleluia.

Ant.3: O sing to the Lord, bless his name.

17-23 December: *When the Son of Man comes, will he
find and faith on earth?*

Eastertide: Proclaim to the nations: 'God is king',
alleluia.

The Lord is king and ruler of all the earth

Psalm 95 (96)

*They were singing a new hymn in front of the throne, in
the presence of the Lamb (Cf Rev 14:3)*

O sing a new song to the Lord,
sing to the Lord all the earth.*
O sing to the Lord, bless his name.

Proclaim his help day by day,
tell among the nations his glory*
and his wonders among all the peoples.

The Lord is great and worthy of praise,
to be feared above all gods;*
the gods of the heathens are naught.

It was the Lord who made the heavens,
his are majesty and state and power*
and splendour in his holy place.

Give the Lord, you families of peoples,
give the Lord glory and power,*
give the Lord the glory of his name.

Bring an offering and enter his courts,
worship the Lord in his temple.*
O earth, tremble before him.

Proclaim to the nations: 'God is king.'
The world he made firm in its place;*
he will judge the peoples in fairness.

Let the heavens rejoice and earth be glad,*
let the sea and all within it thunder praise,
let the land and all it bears rejoice,*
all the trees of the wood shout for joy

at the presence of the Lord for he comes,*
he comes to rule the earth.
With justice he will rule the world,*
he will judge the peoples with his truth.

Ant. O sing to the Lord, bless his name.

17-23 December: When the Son of Man comes, will he find any faith on earth?

Eastertide: Proclaim to the nations: 'God is king', alleluia.

Through the Year

SCRIPTURE READING

Jas 2:12-13

Talk and behave like people who are going to be judged by the law of freedom, because there will be judgment without mercy for those who have not been merciful themselves; but the merciful need have no fear of judgment.

SHORT RESPONSORY

R Blessed be the Lord from age to age. **Repeat R**

V He alone has wrought marvellous works. **R** Glory be. **R**

Benedictus ant. Blessed be the Lord, our God.

INTERCESSIONS

In the life of his incarnate Son, God has shown us the dignity of man's labour. With this in mind we pray: **R**
Lord, bless our work.

We bless you, Lord, for bringing us to this day;--we thank you for protecting our lives and giving us what we need. **R**

Be with us, Lord, as we take up our daily task:--and help us to remember that it is in your world we live and work. **R**

You have called us to serve you responsibly in the world: --help us to build a just and Christian society. **R**

Stay with us and with everyone we meet this day: --let us give your joy and your peace to the world. **R**

Our Father

CONCLUDING PRAYER

King of heaven and earth, Lord God,
rule over our hearts and bodies this day.
Sanctify us,

and guide our every thought, word and deed
according to the commandments of your law,
so that now and for ever
your grace may free and save us.
(We make our prayer) through our Lord.

EVENING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

Come, praise the Lord, the Almighty, the King of all
nations!
Tell for the his fame, O ye peoples, with loud
acclamations!
His love is sure;
Faithful his word shall endure,
Steadfast through all generations!

Praise to his Son, the Redeemer who wrought our
salvation!
O heav'nly Dove,
Praise to thee, fruit of their love,
Giver of all consolation.

PSALMODY

Ant.1: Our eyes are turned to the Lord; we look for his
mercy.

17-23 December: Behold, the Lord, the ruler of the kings
of the earth, will come. Happy are those who are ready to
meet him.

Eastertide: The Lord will be your everlasting light, your
God will be your glory, alleluia.

The Lord is the hope of his people

Psalm 122(123)

The two blind men cried out, 'Lord, have pity on us, Son

of David'(Mt 20:30)

To you have I lifted up my eyes,*
you who dwell in the heavens:
my eyes, like the eyes of slaves*
on the hand of their lords.

Like the eyes of a servant*
on the hand of her mistress,
so our eyes are on the Lord our God*
till he show us his mercy.

Have mercy on us, Lord, have mercy.*
We are filled with contempt.
Indeed all too full is our soul
with the scorn of the rich,*
with the proud man's disdain.

Ant. Our eyes are turned to the Lord; we look for his mercy.

17-23 December: Behold, the Lord, the ruler of the kings
of the earth, will come. Happy are those who are ready to
meet him.

Easter tide: The Lord will be your everlasting light, your
God will be your glory, alleluia.

Ant.2: Our help is in the name of the Lord, who made
heaven and earth.

17-23 December: Sing a new song to the Lord: praise
him throughout the world.

Easter tide: The snare has been broken and we have
escaped, alleluia.

Our help is in the name of the Lord

The Lord said to Paul, 'Do not fear; for I am with you'
(Acts 18:10)

If the Lord had not been on our side,*
this is Israel's song.
If the Lord had not been on our side*
If the Lord had not been on our side*
when men rose against us,

then would they have swallowed us alive*
when their anger was kindled.

Then would the waters have engulfed us,*
the torrent gone over us;

Over our head would have swept*
the raging waters.'

Blessed be the Lord who did not give us*
a prey to their teeth!
Our life, like a bird, has escaped*
from the snare of the fowler.

Indeed the snare has been broken*
and we have escaped.
Our help is in the name of the Lord,*
who made heaven and earth.

Ant. Our help is in the name of the Lord, who made heaven
and earth.

17-23 December: Sing a new song to the Lord: praise him
throughout the world.

Easter tide: The snare has been broken and we have
escaped, alleluia.

Ant. 3: God has chosen us to be his adopted children
through his Son.

17-23 December: When the Son of Man comes, will he
find any faith on the earth?

Easter tide: When I am lifted up from the earth, I shall draw
all men to myself, alleluia.

God, the Saviour

Blessed be the God and Father*
of our Lord Jesus Christ,
who has blessed us in Christ*
with every spiritual blessing in the heavenly place.

He chose us in him*

before the foundation of the world,
that we should be holy*
and blameless before him.

He destined us in love*
to be his sons through Jesus Christ,

according to the purpose of his will,
to the praise of his glorious grace*
which he freely bestowed on us in the Beloved.

In him we have redemption through his blood,*
the forgiveness of our trespasses,
according to the riches of his grace*
which he lavished upon us.

He has made known to us
in all wisdom and insight*
the mystery of his will,
according to his purpose*
which he set forth in Christ.

His purpose he set forth in Christ,*
as a plan for the fulness of time,
to unite all things in him,*
things in heaven and things on earth.

Ant. God has chosen us to be his adopted children through
his Son.

17-23 December: When the Son of Man comes, will he
find any faith on the earth?

Easter tide: When I am lifted up from the earth, I shall draw
all men to myself, alleluia.

Through the Year

SCRIPTURE READING

Brothers, do not slander on another. Anyone who
slanders a brother, or condemns him, is speaking against
the Law and condemning the Law. But if you condemn the
Law, you have stopped keeping it and become a judge over
it. There is only one lawgiver and he is the only judge and
has the power to acquit or to sentence. Who are you to
give a verdict on your neighbour?

SHORT RESPONSORY

R Heal my soul for I have sinned against you, Repeat R

V I said: 'Lord, have mercy on me.' R Glory be. R

Magnificat ant. My soul magnifies the Lord, since God has had regard for my humble state.

INTERCESSIONS

The will of Christ is for all men to be saved. Let us pray that his will may be done. R Draw all men to yourself, Lord.

Lord, by your sacrifice on the cross you redeemed us from the slavery of sin:--lead us to the freedom and glory of the sons of God. R

Be with our bishop, N, and all the bishops of your Church:

--grant them courage and compassion in their ministry. R

Help those who seek the truth to find it:--let them be consecrated in truth. R

We pray especially for peace in family life, and for those orphaned and widowed:--comfort them in your love. R

May our departed brothers and sisters come to the heavenly city:--there, with the Father and the Holy Spirit, you will reign for ever. R

Our Father

CONCLUDING PRAYER

Lord God,

it is our bounden duty to proclaim you as the Light with whom there is no alteration or shadow of change: enlighten our darkness as we reach the close of this day, and in your mercy forgive us our sins.

(We make our prayer) through our Lord.

WEEK 3: TUESDAY

Invitatory ant. The Lord is a great: come, let us adore

him

Psalm,P[5]

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

O Christ, the Light of heaven
And of the world true Light,
You come in all your radiance
To cleave the web of night.

May what is false within us
Before your truth give way.
That we may live untroubled,
With quiet hearts this day.

May steadfast faith sustain us,
And hope made firm in you;
The love that we have wasted,
O God of love, renew.

Blest Trinity we praise you
In whom our quest will cease;
Keep us with you for ever
In happiness and peace.

PSALMODY

Ant.1: Lord, you blessed your land; you forgave the guilt
of your people.

17-23 December: The Lord will come from his holy place:
he will come to save his people.

Easter tide: You will restore our life again, Lord, and your
people will rejoice in you, alleluia.

Our salvation is at hand

Psalm 84(85)

When our Saviour came on earth God blessed his land

(Origen)

O Lord, you once favoured your land*
and revived the fortunes of Jacob,

you forgave the guilt of your people*
and covered all their sins.
You averted all your rage,*
you calmed the heat of your anger.

Revive us now, God, our helper!*
Put an end to your grievance against us.
Will you be angry with us for ever,*
will your anger never cease?

Will you not restore again our life*
that your people may rejoice in you?
Let us see, O Lord, your mercy*
and give us your saving help.

I will hear what the Lord God has to say,*
a voice that speaks of peace.
peace for his people and his friends*
and those who turn to him in their hearts.
His help is near for those who fear him*
and his glory will dwell in our land.

Mercy and faithfulness have met,*
justice and peace have embraced.
Faithfulness shall spring from the earth*
and justice look down from heaven.

The Lord will make us prosper*
and our earth shall yield its fruit.
Justice shall march before him*
and peace shall follow his steps.

Ant. Lord, you blessed your land; you forgave the guilt of
your people.

17-23 December: The Lord will come from his holy place:
he will come to save his people.

Eastertide: You will restore our life again, Lord, and your
people will rejoice in you, alleluia.

Ant.2: At night my soul longs for you; I watch for you at
daybreak.

17-23 December: We have a strong city, Sion. The Saviour will set up wall and rampart to guard it. Open the gates, for God is with us, alleluia.

Easter tide: We put our trust in the Lord and he gave us peace, alleluia.

Hymn after victory over the enemy

The city walls stood on twelve foundation stones (cf. Rev 21:14)

We have a strong city,*
he sets up salvation as walls and bulwarks.
Open the gates*
that the righteous nation which keeps faith may
enter in.
You keep him in perfect peace,
whose mind in stayed on you,*
because he trusts in you.
Trust in the Lord for ever,*
for the Lord God is an everlasting rock.

The way of the righteous is level;*
you make smooth the path of the righteous.
In the path of your judgments, O Lord,*
we wait for you.

My soul yearns for you in the night,*
my spirit within me earnestly seeks you;
for when your judgements are in the earth,*
the inhabitants of the world learn righteousness.

O Lord, you will ordain peace for us;*
you have wrought for us all our works.

Ant. At night my soul longs for you; I watch for you at
daybreak.

17-23 December: We have a strong city, Sion. The Saviour
will set up wall and rampart to guard it. Open the gates,
for God is with us, alleluia.

Eastertide: We put our trust in the Lord and he gave us
peace, alleluia.

Ant.3: Lord, let your face shed its light upon us.

17-23 December: Let us know your way on earth, Lord;
let all the peoples know your saving power.

Eastertide: The earth has yielded its fruit; let the nations
be glad and exult, alleluia.

When the following psalm has been used at the Invitatory
ps 94,p[5], is said here in place of it.

All the peoples will give praise to the Lord

*Let it be known to you that this salvation from God has
been sent to all peoples (Acts 28:28)*

O God, be gracious and bless us*
and let your face shed its light upon us.
So will your ways be known upon earth*
and all nations learn your saving help.

Let the peoples praise you, O God;*
let all the peoples praise you.

Let the nations be glad and exult*
for you rule the world with justice.
With fairness you rule the peoples,*
you guide the nations on earth.

Let the peoples praise you, O God;*
let all the peoples praise you.

The earth has yielded its fruit*

for God, our God, has blessed us.
May God still give us his blessing*
till the ends of the earth revere him.

Let the peoples praise you, O God;*
let all the peoples praise you.

Ant. Lord, let your face shed its light upon us.

17-23 December: Let us know your way on earth, Lord:
let all the peoples know your saving power.

Easter tide: The earth has yielded its fruit; let the nations
be glad and exult, alleluia.

Through the Year

SCRIPTURE READING

I Jn 4:14-15

We ourselves saw and we testify
that the Father sent his Son
as saviour of the world.
If anyone acknowledges that Jesus is the Son of God,
God lives in him, and he in God.

SHORT RESPONSORY

R My helper is my God; I will place my trust in him.

Repeat R

V He is my refuge; he sets me free. **R** Glory be. **R**

Benedictus ant. The Lord has raised up a mighty saviour
for us, as he promised through the lips of his prophets.

INTERCESSIONS

By shedding his blood for us, Christ gathered together a
new people from every corner of the earth. Let us pray to
himd: **R** Christ, be mindful of your people.

Christ, our king and redeemer: --help us to know your
power and your love. **R**

Christ, our hope and courage:--sustain us throughout the
day. **R**

Christ, our refuge and strength: --fight with us against

our weakness.R

Christ, our joy and solace:--stay with the poor and

lonely.R

Our Father

CONCLUDING PRAYER

Almighty God,

to whom this world with all its goodness and beauty

belongs,

give us grace joyfully to begin this day in your name,

and to fill it with an active love for you and our

neighbour.

(We make our prayer) through our Lord.

EVENING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

O Strength and Stay, upholding all creation,

Who ever dost thyself unmoved abide,

Yet day by day the light in due gradation
From hour to hour in all its changes guide,

Grant to life's day a calm unclouded ending,
An eve untouched by shadows of decay,
The brightness of a holy death-bed blending
With dawning glories of the eternal day.

Hear us, O Father, gracious and forgiving,
Through Jesus Christ thy co-eternal Word,
Who, with the Holy Ghost, by all things living
Now and to endless ages art adored.

PSALMODY

Ant.1: The Lord surrounds his people.

17-23 December: The Lord will come from his holy place.

he will come to save his people.

Easter tide: Peace be with you, it is I; do not be afraid,
alleluia.

The Lord, the, protector of his people

Psalm 124(125)

Peace to the Israel of God (Gal 6:16)

Those who put their trust in the Lord
are like Mount Sion, that cannot be shaken,*
that stands for ever.

Jerusalem! The mountains surround her,
so the Lord surrounds his people*
both now and for ever.

For the sceptre of the wicked shall not rest*
over the land of the just

for fear that the hands of the just*
should turn to evil.

Do good, Lord, to those who are good,*
to the upright of heart;

but the crooked and those who do evil,
drive them away!

On Israel, peace!

Ant. The Lord surrounds his people.

17-23 December: The Lord will come from his holy place:
he will come to save his people.

Eastertide: Peace be with you, it is I; do not be afraid,
alleluia.

Ant.2: Unless you become like little children you will not
enter the kingdom of heaven.

17-23 December: We have a strong city, Sion. The
Saviour will set up wall and rampart to guard it. Open
the gates, for God is with us, alleluia.

Eastertide: O Israel, hope in the Lord, alleluia.

Childlike confidence in the Lord

Psalm 130(131)

Learn from me, for I am gentle and humble in heart

(Mt 11:29)

O Lord, my heart is not proud*
nor haughty my eyes.
I have not gone after things too great*
nor marvels beyond me.

Truly I have set my soul*
in silence and peace.
As a child has rest in its mother's arms,*
even so my soul.

O Israel, hope in the Lord*

both now and for ever.

Ant. Unless you become like little children you will not enter the kingdom of heaven.

I7-23 December: We have a strong city, Sion. The Saviour will set up wall and rampart to guard it. Open the gates, for God is with us, alleluia.

Eastertide: O Israel, hope in the Lord, alleluia.

Ant.3: Lord, you made us a kingdom and priests to serve our God.

I7-23 December: Let us know your way on earth, Lord: let all the peoples know your saving power.

Eastertide: May your whole creation serve you, for you spoke and they came into being, alleluia.

Hymn of the redeemed

Canticle: Rev 4:11;5:9,10,12

Worthy are you, our Lord and God,*
to receive glory and honour and power,
for you created all things,*
and by your will they existed and were created.

Worthy are you, O Lord,*
to take the scroll and to open its seals,
for you were slain,
and by your blood you ransomed men for God*
from every tribe and tongue and people and nation.

You have made us a kingdom an priests to our God,*
and we shall reign on earth.

Worthy is the Lamb who was slain,*
to receive power and wealth,
and wisdom and might,*
and honour and glory and blessing.

Ant. Lord, you made us a kingdom and priests to serve

our God.

17-23 December: Let us know your way on earth, Lord:

let all the peoples know your saving power.

Easter tide: May your whole creation serve you; for you

spoke and they came into being, alleluia.

Through the Year

SCRIPTURE READING

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honour. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer.

SHORT RESPONSORY

R Your word, O Lord, will endure for ever. **Repeat R**

V Your truth will last from age to age. **R** Glory be. **R**

Magnificat ant. My spirit exults in the Lord God, my saviour.

INTERCESSIONS

God has established his people in hope. Nothing can break the confidence of those who love him. Let us proclaim:

R Father, our trust is in you.

We give you thanks, Lord God,--for you have made man rich in all wisdom and insight.**R**

Lord God, you know the hearts of all rulers:--may they work for the good of the people they govern.**R**

Lord, you empower mankind to glorify this world with art:--make our work live with vision and true hope.**R**

You do not allow us to be tempted beyond our limits:

--strengthen the weak, raise up the fallen.**R**

Father, you have promised men a share in your Son's resurrection on the last day:--remember those who have gone before us on the path to eternal life. **R**

Our Father

CONCLUDING PRAYER

Let our evening prayer rise up before your throne of

mercy, Lord,
and let your blessing come down upon us:
so that now and for ever
your grace may help and save us.
(We make our prayer) through our Lord.

WEEK 3: WEDNESDAY

Invitatory ant. Let us adore the Lord, for it is he who made
us.

Psalm, p[5].

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

Lord God, your light which dims the stars
Awakes all things,
And all that springs to life in you
Your glory sings.

Your peaceful presence, giving strength,
Is everywhere,
And fallen men may rise again
On wings of prayer.

You are the God whose mercy rests
On all you made;
You gave us Christ, whose love through death
Our ransom paid.

We praise you, Father, with your Son
And Spirit blest.
In whom creation lives and moves,
And finds its rest.

PSALMODY

Ant. 1: Give joy to your servant, Lord, for to you I lift up
my soul.

17-23 December: The Lord who is all-powerful will come
from Sion to save his people.

Easter tide: All the nations shall come to adore you, O
Lord, alleluia.

Prayer of a poor man in distress

Psalm 85(86)

*Blessed be God who comforts us in all our sorrow (2 Cor
1:3-4)*

Turn your ear, O Lord, and give answer*
for I am poor and needy.
Preserve my life, for I am faithful:*
save the servant who trusts in you.

You are my God, have mercy on me, Lord,*
for I cry to you all the day long.
Give joy to your servant, O Lord,*
for to you I lift up my soul.

O Lord, you are good and forgiving,*
full of love to all who call.
Give heed, O Lord, to my prayer*
and attend to the sound of my voice.

In the day of distress I will call*
and surely you will reply.
Among the gods there is none like you, O Lord;*
nor work to compare with yours.

All the nations shall come to adore you*
and glorify your name, O Lord:
for you are great and do marvellous deeds,*
you who alone are God.

Show me, Lord, your way
so that I may walk in your truth.*
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart

and glorify your name for ever;*

for your love to me has been great:

you have saved me from the depths of the grave.

The proud have risen against me;

ruthless men seek my life:*

to you they pay no heed.

But you, God of mercy and compassion,*

slow to anger, O Lord,

abounding in love and truth,*

turn and take pity on me.

O give your strength to your servant*

and save your handmaid's son.

Show me a sign of your favour

that my foes may see to their shame*

that you console me and give me your help.

Ant. Give joy to your servant, Lord, for to you I lift up my
soul.

17-23 December: The Lord who is all-powerful will come
from Sion to save his people.

Easter tide: All the nations shall come to adore you, O
Lord, alleluia.

Ant.2: Blessed is the man who walks in justice and speaks
what is true.

17-23 December: About Sion I will not be silent until her
Holy one shine forth like light.

Easter tide: Our eyes will see the king in his splendour,
alleluia.

God will rule with justice

Canticle: Is33:13-16

*The promise that was made is for you and your children
and for all those who are far away (Acts 2:39)*

Hear, you who are far off,*

what I have done;

and you who are near,*

acknowledge my might.

The sinners in Sion are afraid;*
trembling has seized the godless:
'Who among us can dwell with the devouring fire?*'
Who among us can dwell with everlasting burning?'

He who walks righteously and speaks uprightly,
who despises the gain of oppressions,*
who shakes his hands lest they hold a bribe,
who stops his ears from hearing of bloodshed*
and shuts his eyes from looking upon evil,

He will dwell on the heights;*
his place of defence will be the fortresses of rocks;
his water will be sure.

Ant. Blessed is the man who walks in justice and speaks
what is true.

17-23 December: About Sion I will not be silent until her
Holy One shines forth like light.

Easter tide: Our eyes will see the king in his splendour,
alleluia.

Ant.3: Acclaim the King, the Lord.

17-23 December: The Spirit of the Lord is upon me. He
sent me to bring the Good News to the poor.

Easter tide: All men will see the salvation of our God,
alleluia.

The Lord is victor and a just ruler

Psalm 97(98)

*This psalm tells of the first coming of the Lord and of the
faith of all peoples (St Athanasius)*

Sing a new song to the Lord*
for he has worked wonders.
His right hand and his holy arm*

have brought salvation.

The Lord has made known his salvation;*

has shown his justice to the nations.

He has remembered his truth and love*

for the house of Israel.

All the ends of the earth have seen*

the salvation of our God.

Shout to the Lord all the earth,*

ring out your joy.

Sing psalms to the Lord with the harp*

with the sound of music.

With trumpets and the sound of the horn*

acclaim the King, the Lord.

Let the sea and all within it, thunder;*

the world, and all its peoples.

Let the rivers clap their hands*

and the hills ring out their joy.

Rejoice at the presence of the Lord,*

for he comes to rule the earth.

He will rule the world with justice*

and the peoples with fairness.

Ant. Acclaim the King, the Lord.

17-23 December: The Spirit of the Lord is upon me. He

sent me to bring the Good News to the poor.

Easter tide: All men will see the salvation of our God,

alleluia.

Through the Year

SCRIPTURE READING

Job 1:21;2:15b

Naked I came from my mother's womb,

naked I shall return.

The Lord gave, the Lord has taken back.

Blessed be the name of the Lord!

If we take happiness from God's hand, must we not take
sorrow too?

SHORT RESPONSORY

R Bend my heart to your will, O God. Repeat R

V By your word, give me life. R Glory be. R

V

Benedictus ant. Show us your mercy, O Lord; remember
your holy covenant.

INTERCESSIONS

God is love: he who dwells in love dwells in God, and God
in him. In Jesus Christ we see how God loves us. Let us
renew our faith in his love: R Lord Jesus, you loved us
and gave yourself for us.

You have given us life and light this morning:--let us
give thanks for such great gifts. R

You are sole master of the future:--keep us from despair
and the fear of what is to come.R

Love has no ambition to seek anything for itself:--
strengthen our will to give up selfishness today.R

May your love in us overcome all things:--let there be no
limit to our faith, our hope, and our endurance.R

Our Father

CONCLUDING PRAYER

Lord God,
in your wisdom you created us,
by your providence you rule us:
penetrate our inmost being with your holy light,
so that our way of life
may always be one of faithful service to you.

(We make our prayer) through our Lord.

EVENING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

Christ be near at either hand,
Christ behind, before me stand
Christ with me where e'er I go,
Christ around, above, below.

Christ be in my heart and mind,
Christ within my soul enshrined
Christ control my wayward heart;
Christ abide and ne'er depart.

Christ my life and only way.
Christ my lantern night and day;
Christ be my unchanging friend,
Guide and shepherded to the end.

PSALMODY

Ant.1: Those who were sowing in tears, will sing when
they reap.

17-23 December: The Lord who is all-powerful will come
from Sion to save his people.

Easter tide: Your sorrow will turn to joy, alleluia.

Joy and hope in God

Psalm 125(126)

*Just as you are sharing in our sufferings, so also will you
share or consolations (2 Cor 1:7)*

When the Lord delivered Sion from bondage,*
It seemed like a dream.
Then was our mouth filled with laughter,*
on our lips there were songs.

The heathens themselves said; 'When marvels*
the Lord worked for them!'
What marvels the Lord worked for us!*
Indeed we were glad.

Deliver us, O Lord, from our bondage*
as streams in dry land.
Those who are sowing in tears*
will sing when they reap.

They go out, they go out, full of tears,*
carrying seed for the sowing:
they come back, they come back, full of song,*
carrying their sheaves.

Ant. Those who were sowing in tears, will sing when they
reap.

17-23 December: The Lord who is all-powerful will come
from Sion to save his people.

Eastertide: Your sorrow will turn to joy, alleluai.

Ant.2: The Lord will build a house for us; he will watch
over our city.

17-23 December: About Sion I will not be silent until her
Holy One shines from like light.

Easter tide: Whether we live or whether we die, we belong
to the Lord, alleluia.

Success depends on the Lord's blessing

Psalms 126(127)

You are God's building (1 Cor 3:9)

If the Lord does not build the house,*
in vain do its builders labour;
if the Lord does not watch over the city,*
in vain does the watchman keep vigil.

In vain in your earlier rising,*
your going later to rest,
you who toil for the bread you eat:*
when he pours gifts on his beloved while they slumber.

Truly sons are a gift from the Lord,*
a blessing, the fruit of the womb.
Indeed the sons of youth*
are like arrows in the hand of a warrior.

O the happiness of the man*
who has filled his quiver with these arrows!
He will have no cause for shame*
when he disputes with his foes in the gateways.

Ant. The Lord will build a house for us; he will watch over
our city

17-23 December: About Sion I will not be silent until her
Holy One shines forth like light.

Easter tide: Whether we live or whether we die, we belong
to the Lord, alleluia.

Ant.3 : He is the first-born of all creation; he is supreme
over all creatures.

17-23 December: The Spirit of the Lord is upon me. He sent me to bring the Good News to the poor.

Eastertide: From him, through him and in him are all things that exist: to him be glory for ever, alleluia.

Christ is the first-born of all creation

the first-born from the dead

Canticle

Col 1: 12-20

Let us give thanks to the Father,
who has qualified us to share*
in the inheritance of the saints in light.

He has delivered us from the dominion of darkness*
and transferred us to the kingdom of his beloved Son,
in whom we have redemption,*
the forgiveness of sins.

He is the image of the invisible God,*
the first-born of all creation,
for in him all things were created, in heaven and on
earth,*
visible and invisible.

All things were created*
through him and for him.
He is before all things,*
and in him all things hold together.

He is the head of the body, the Church;*
he is the beginning,
the first-born from the dead,*
that in everything he might be pre-eminent.

For in him all the fulness of God was pleased to dwell,*
and through him to reconcile to himself all things,
whether on earth or in heaven,*

making peace by the blood of his cross.

Ant. He is the first-born of all creation; he is supreme over all creatures.

17-23 December: The Spirit of the Lord is upon me. He sent me to bring the Good News to the poor.

Easter tide: From him, through him and in him are all things that exist: to him be glory for ever, alleluia.

Through the Year

SCRIPTURE READING

Eph 3:20-21

To him who is able to do so much more than we can ever ask for, or even think of, by means of the power working in us: to God be the glory in the church and in Christ Jesus, for all time, for ever and ever! Amen.

SHORT RESPONSORY

R Redeem me, Lord, and show me your mercy. Repeat **R**

V Do not cast me away with sinners. **R** Glory be. **R**

Magnificat ant. The Almighty has done great things for me; Holy is his name.

INTERCESSIONS

I may have faith strong enough to move mountains: but if I have no love, I am nothing. With this in mind we pray;

R Lord, grant us your love.

Lord, sustain us as we build and grow towards you:--
increase our faith as we work.**R**

We are assailed by doubts, and weighed down by uncer:--
--help us to delight in the truth, and rejoice in your gifts to others. **R**

Confirm the pilgrim Church in the faith of the apostles:--

help us to encourage each other, sharing our gifts.**R**

Bring those who have deided in your peace to that knowledge

which fulfils faith and answers hope,--grant them the

Our Father

CONCLUDING PRAYER

Let your people's cry come into your loving presence,

Lord.

Forgive them the their sins,

so that by your grace they may be devoted to your

service,

and rest secure under your protecting hand.

(We make our prayer) through our Lord.

WEEK 3: THURSDAY

Invitatory ant. Come, let us adore the Lord, for he is our
God.

Psalm, p[5]

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

The Father's glory, Christ our light,
With love and mercy coems to span
The vast abyss of sin between
The God of holiness and man.

Christ yesterday and Christ today,
For all eternity the same,
The image of our hidden God;
Eternal Wisdom is his name.

He keeps his word form age to age,
Is with us to the end of days,
A cloud by day, a flame by night,
To go before us on this ways.

We bless you, Father, fount of light,
And Christ, your well - beloved Son,
Who with the Spirit dwell in us:
Immortal Trinity in One.

PSALMODY

Ant.1: Glorious things are told of you, O city of God.

17-23 December: I look to you, Lord, for help; come and save me, Lord, for I seek refuge in you.

Easter tide: We will dance and sing; you are the source of our life and our joy, city of God, alleluia.

Jerusalem, mother of all nations

Psalm 86(87)

The Jerusalem which is above is free and is our mother

(Gal 4:26)

On the holy mountain is his city*
cherished by the Lord.
The Lord prefers the gates of Sion*
to all Jacob's dwellings.
Of you are told glorious things,*
O city of God!

'Babylon and Egypt I will count*
among those who know me;
Philistia, Tyre, Ethiopia,*
these will be her children
and Sion shall be called "Mother"*
for all shall be her children.'

It is he, the Lord Most High,*
who give each his place.
In his register of peoples he writes:*
'These are her children'
and while they dance they will sing:*

In you all find their home.'

Ant. Glorious things are told you, O city of God.

17-23 December: I look to you, Lord, for help; come and save me, Lord, for I seek refuge in you.

Easter tide: We will dance and sing; you are the source of our life and our joy, city of God, alleluia.

Ant.2: The Lord is coming in power; the prize of his victory is with him.

17-23 December: Lord, give those who wait for you their reward, and let your prophets be found worthy of belief.

Easter tide: He will tend his flock like a shepherd and carry them in his arms, alleluia.

The Good Shepherd:

God most-high and all wise

Canticle

Is 40:10-17

Behold, I come quickly, and my reward is with me (Rev 22:12)

Behold, the Lord God comes with might,*
and his arm rules for him;
behold, his reward is with him,*
and his recompense before him.

He will feed his flock like
he will gather the lambs in his arms,
he will carry them in his bosom,*
and gently lead those that are with young.

Who has measured the waters in the hollow of his
hand*
and marked off the heavens with a span,
enclosed the dust of the earth in a measure
and weighed the mountains in scales*
and the hills in a balance?

Who has directed the Spirit of the Lord,*
or as his counsellor has instructed him?
Whom did he consult for his enlightenment,*

and who taught him the path of justice,
taught him knowledge,*
and showed him the way of understanding?

Behold, the nations are like a drop from a bucket,*
and are accounted as the dust on the scales;

behold, he takes up the isles*
like fine dust.

Lebanon would not suffice for fuel,*
nor are its beasts enough for a burnt offering.
All the nations are as nothing before him,*
they are accounted by him as less than nothing and
emptiness.

Ant. The Lord is coming in power; the prize of his victory
is with him.

17-23 December: Lord, give those who wait for you their
reward, and let your prophets be found worthy of belief.

Easter tide: He will tend his flock like a shepherd and carry
all peoples, alleluia.

The Lord our God is Holy

Psalm 98(99)

*You are higher than Cherubim: you changed the bad
state of the earth, when you came in a nature like ours*
(St Athanasius)

The Lord is king; the peoples tremble.
He is throned on the cherubim; the earth quakes.*
The Lord is great is Sion.

He is supreme over all the peoples.
Let them praise his name, so terrible and great.*
He is holy, full of power.

You are a king who loves what is right;

you have established equity, justice and right;*

you have established them in Jacob.

Exalt the Lord our God;

bow down before Sion, his footstool.*

He the Lord is holy.

Among his priests were Aaron and Moses,

among those who invoked his name was Samuel.*

They invoked the Lord and he answered.

To them he spoke in the pillar of cloud.

They did his will; they kept the law,*

which he, the Lord, had given.

O Lord our God, you answered them.

For them you were a God who forgives;*

yet you punished all their offence.

Exalt the Lord our God;

bow down before his holy mountain*

for the Lord our God is holy.

Ant. Exalt the Lord our God; bow down before his holy mountain.

17-23 December: Turn to us, Lord, and make no delay in coming to your servants.

Easter tide: The Lord is great in Sion; he is supreme above all peoples, alleluia.

Through the Year

SCRIPTURE READING

I Pet 4:10-11

Each one of you has received a special grace, so, like good stewards responsible for all these different graces of God, put yourselves at the service of others, If you are a speaker,

Speak in words which seem to come from God; if you are a helper, help as though every action was done at God's orders; so that in everything God may receive the glory through Jesus Christ.

SHORT RESPONSORY

R I called with all my heart; Lord, hear me. Repeat R

V I will keep your commandments. R Glory be. R

Benedictus ant. Let us serve the Lord in holiness, and he will deliver us from the hands of our enemies.

INTERCESSIONS

We adore and praise our God who reigns above the heavens. He is the Lord of all things and before him all creation is as nothing. R We adore you, our Lord and God.

Eternal Father, it is by your gift that we praise you:--the wonder of our making is only surpassed by the splendour and joy of our coming to life in Christ. R

Lord, be with us as we start a new day:--move our hearts to seek you and our wills to serve you. R

Deepen our awareness of your presence:--teach us reverence and love for all that you made. R

To know you is to love those you created:--let our lives and our work be of service to our brothers. R

Our Father

CONCLUDING PRAYER

Almighty, ever-living God,
shed the light of your glory
on the peoples who are living in the shadow of death,
as you did long ago,
when our Lord Jesus Christ, the Sun of Justice,
came among us from on high.

(We make our prayer) through our Lord.

EVENING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

When God had filled the earth with life
And blessed it, to increase,
Then cattle dwelt with creeping things,
And lion with lamb, at peace.

He gave them vast, untrodden lands,
With plants to be their food;
Then God saw all that he had made
And found it very good.

Praise God the Father for all life,
His Son and Spirit blest,
By whom creation lives and moves,
In whom it comes to rest.

PSALMODY

Ant.1: Your faithful shall ring out their joy as they enter
your dwelling place, Lord.

17-23 December: I look to you, Lord, for help; come and
save me, Lord, for I seek refuge in you.

Easter tide: The Lord God gave him the throne of David,
his father, alleluia.

*The promise of God
to the house of David*

Psalm 131(132)

*The Lord God will give him the throne of David, his
father (Lk 1:32)*

I

O Lord, remember David*
and all the many hardships he endured,
the oath he swore to the Lord,*
his vow to the Strong One of Jacob.

I will not enter the house where I live*
nor go to the bed where I rest.

I will give no sleep to my eyes*
to my eyelids I will give no slumber
till I find a place for the Lord,*
a dwelling for the Strong One of Jacob.'

At Ephrata we heard of the ark;*
we found it in the plains of Yearim.

Let us go to the place of his dwelling;*
let us go to kneel at his footstool.'

Go up, Lord, to the place of your rest,*
you and the ark of your strength.
Your priests shall be clothed with holiness:*
your faithful shall ring out their joy.
For the sake of David your servant*
do not reject your anointed.

Ant.1: Your faithful shall ring out their joy as they enter your
dwelling place, Lord.

17-23 December: I look to you, Lord, for help; come and
save me, Lord, for I seek refuge in you.

Eastertide: The Lord God gave him the throne of David,
his father, alleluia.

Ant.2: The Lord has chosen Sion as his dwelling place.

17-23 December: Lord, give those who wait for you their
reward, and let your prophets be found worthy of belief.

Eastertide: Jesus Christ is the only Ruler over all, the King
of kings and Lord of Lords, alleluia.

II

The Lord swore an oath to David;*
he will not go back on his word:
A son, the fruit of your body,*
will I set upon your throne.

If they keep my covenant in truth*
and my laws that I have taught them,

their sons also shall rule*
on your throne from age to age.'

For the Lord has chosen Sion;*
he has desired it for his dwelling:
This is my restin-place for ever,*
here have I chosen to live.

I will greatly bless her produce,*
I will fill her poor with bread.
I will clothe her priests with salvation*
and her faithful shall ring out their joy.

There David's stock will flower:*

I will prepare a lamp for my anointed.
I will cover his enemies with shame*
but on him my crown shall shine.

Ant. The Lord has chosen Sion as his dwelling place.

17-23 December: Lord, give those who wait for you their reward, and let your prophets be found worthy of belief.

Easter tide: Jesus Christ is the only Ruler over all, the King of kings and Lord of lords, alleluia.

Ant.3: The Lord has given him power and honour and empire and all peoples will serve him.

17-23 December: Turn to us, Lord, and make no delay in coming to your servants.

Easter tide: Lord, who is your like, majestice in strength and holiness, alleluia?

The judgement of God

Canticle

Rev II:17-18;12:10b-12a

We give thanks to you, Lord God Almighty,*
who are and who were,
that you have taken your great power*
and begun to reign.

The nations raged,*
but your wrath came,
and the time for the dead to be judged,*
for rewarding your servants, the prophets and saints,
both small and great.

Now the salvation and the power
and the kingdom of our God*
and the authority of his Christ have come,
for the accuser of our brethren has been thrown down,*
who accuses them day and night before our God.

And they have conquered him*
by the blood of the Lamb
and by the world of their testimony,*
for they loved not their lives even unto death.
Rejoice, then, O heaven*
and you that dwell therein.

Ant. The Lord has given him power and honour and
empire and all peoples will serve him.

17-23 December: Turn to us, Lord, and make no delay in
coming to your servants.

Easter tide: Lord, who is your like, majestic in strength
and holiness, alleluia?

Through the Year

SCRIPTURE READING

You should all agree among yourselves and be sympathetic; love the brothers, have compassion and be modest and humble. Never pay back one wrong with another, or an angry word with another one, instead, pay back with a blessing. That is what you are called to do, so that you inherit a blessing yourself.

SHORT RESPONSORY

R The Lord fed us with finest wheat. **Repeat R**

V He filled us with honey from the rock. R Glory be. R

Magnificat ant. The Lord brought down the mighty from their seats, and raised up the lowly.

INTERCESSIONS

Christ is the high priest of his people: it is in him that we come together to make our prayer to the Father of us all.

R Father, put new hearts within us.

We thank you for calling us into the Church:--bless us with constant faith, and make it a source of life for others. R Father, put new hearts within us.

Lord, bless N, our Pope:--we pray that his faith may not fail, and that he may strengthen his brothers. R

Turn sinners back to you:--grant us a humble and contrite heart. R

Your Son knew what it was to be excluded from his homeland. --Be mindful of those who must live far from their family and country. R

Give eternal rest to the dead:--bring the whole Church together in heaven.R

Our Father

CONCLUDING PRAYER

We offer you, Lord, our thanksgiving at the close of his day:

in your mercy forgive the faults we have committed through human frailty.

(We make our prayer) through our Lord.

WEEK 3: FRIDAY

Invitatory ant. Give thanks to the Lord, for his great love
is without end.

Psalm, p [5]

MORNING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

We bless you, Father, Lord of Life,
To whom all living being tend,
The source of holiness and grace,
Our first beginning and our end.

We give you thanks, Redeeming Christ,
Who bore our weight of sin and shame;

In dark defeat you conquered sin,
And death, by dying, overcame.

Come, Holy Spirit, searching fire,
Whose flame all evil burns away.

Come down to us with light and love,
In silence and in peace to stay.

We praise you, Trinity in One,
Sublime in majesty and might,
Who reign for ever, Lord of all,
In splendour and unending light.

PSALMODY

Ant.1: Against you alone have I sinned; Lord, have
mercy on me.

17-23 December: The one who is to rule will come from
Sion: 'The Lord, Immanuel' is his great name.

Easter tide: O Lord, wash me more and more from my
guilt, alleluia.

O God, have mercy on me

*You must be made new in mind and spirit, and put on
the new nature (Eph 4:23-24)*

Have mercy on me, God, in your kindness.*
In your compassion blot out my offence.
O wash me more and more from my guilt*
and cleanse me from my sin.

My offences truly I know them;*

my sin is always before me.
Against you, you alone, have I sinned;*
what is evil in your sight I have done.

That you may be justified when you give sentence*
and be without reproach when you judge,
O see, in guilt I was born,*
a sinner was I conceived.

Indeed you love truth in the heart;*
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;*
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,*
that the bones you have crushed may revive.
From my sins turn away your face*
and blot out all my guilt.

A pure heart create for me, o God,*
put a steadfast spirit within me.
Do not cast me away from your presence,*
nor deprive me of your holy spirit.

Give me again the joy of your help;*
with a spirit of fervour sustain me,
that I may teach transgressors your ways*
and sinners may return to you.

O rescue me, God, my helper,*
and my tongue shall ring out your goodness.
O Lord, open my lips*
and my mouth shall declare your praise.

For in sacrifice you take no delight,*
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.*
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:*
rebuild the walls of Jerusalem.

Then you will be pleased with lawful sacrifice,*
holocausts offered on your altar.

Ant. Against you alone have I sinned; Lord, have mercy
on me.

17-23 December: The one who is to rule will come from
Sion: 'The Lord, Immanuel' is his great name.

Easter tide: O Lord, wash me more and more from my
guilt, alleluia.

Ant.2: We know our offences, Lord; we have sinned
against you.

17-23 December: Stand steadfast. You will see the help-
ing power of the Lord.

Easter tide: Christ bore our sins in his own body on the
cross, alleluia.

**Lament of the people in time
of famine and war**

*The kingdom of God is at hand. Repent, and believe in
the gospel (Mk 1:15)*

Let my eyes run down with tears night and day,*
and let them not cease,
for the virgin daughter of my people is smitten with a
great wound,*
with a very grievous blow.

If I go out into the field,*
behold, those slain by the sword!
And if I enter the city,*
behold, the diseases of famine!
For both prophet and priest ply their trade through
the land,*
and have no knowledge.

Have you utterly rejected Judah?
Does your soul loathe Sion?

Why have you smitten us *
so that there is no healing for us?

We looked for peace,*
but no good came;
for a time of healing,*
but behold, terror.

We acknowledge our wickedness, O Lord,
and the iniquity of our fathers,*
for we have sinned against you.
Do not spurn us, for your name's sake,
do not dishonour your glorious throne;*
remember and do not break your covenant with us.

Ant. We know our offences, Lord; we have sinned against
you.

17-23 December: Stand steadfast. You will see the help-
ing power of the Lord.

Easter tide: Christ bore our sins in his own body on the
cross, alleluia.

Ant.3: The Lord is God; we are his people, the sheep of
his flock.

17-23 December: I look to the Lord; I will await the
God who saves me.

Easter tide: Come before the Lord, singing for joy,
alleluia.

When the following psalm has been used at the Invitatory,
ps 94,p[5], is said here in place of it

**The joy of those who enter
the temple of the Lord**

Psalm 99(100)

*The Lord calls all those he has redeemed to sing a hymn
of victory (St Athanasius)*

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.*

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,*

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.*

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Ant. The Lord is God; we are his people, the sheep of his flock.

17-23 December: I look to the Lord; I will await the God who saves me.

Easter tide: Come before the Lord, singing for joy, alleluia.

Through the Year

SCRIPTURE READING

2 Cor 12:9b-10

I am most happy, then, to be proud of my weaknesses, in order to feel the protection of Christ's power over me.

I am content with weaknesses, insults, hardships, persecution, and difficulties for Christ's sake. For when I am weak, then I am strong.

SHORT RESPONSORY

R In the morning let me know your love. **Repeat R**

V Make me know the way I should walk. **R** Glory be. **R**

Benedictus ant. The Lord has visited his people, he has come to redeem them.

INTERCESSIONS

We have a high priest, able to sympathize with us in our

weakness, one who, because of his likeness to us, has been tempted in every way, but did not sin. Let us pray to him: R Show us your mercy and compassion.

Lord, for the joy which lay in the future, you willingly went to the cross:--make us share your death, that we may also share your joy.R

Lord, you said 'Let any man who thirsts come to me and drink':--give your Spirit now to those who thirst for you. R

You sent your disciples to preach the gospel to every nation:--bless those men and women who devote their lives to preaching the gospel today. R Show us your mercy and compassion.

Help those in pain to know that the Father cares for them --for he loves them as he loves his own Son. R

Our Father

CONCLUDING PRAYER

Almighty Father,
let your light so penetrate our minds,
that walking by your commandments
we may always follow you, our leader and guide.

(We make our prayer) through our Lord.

EVENING PRAYER

Hymn, from the appendix, for the Season.

Through the Year

When God made man, he gave him all the earth,
All growing things, with every bird and beast;
Then Adam named them at the Lord's command,
Subdued the greatest of them, and the least.

In his own image God created man,
And when from dust he fashioned Adam's face,
The likeness of his only Son was formed:
His Word incarnate, filled with truth and grace.

To God the Father and to Christ his Son
And blessed Spirit heav'n and earth give praise.
Creation with tremendous voice cries out:
All holy is the mighty Lord of days.

PSALMODY

Ant.1: The Lord is great; our God is high above all gods.

17-23 December: The one who is to rule will come from

Sion: 'The Lord, Immanuel' is his great name.

Easter tide: I, the Lord, am your Saviour, I am your Redeemer, alleluia.

Praise for the Lord

Psalm 134(135)

who does marvellous things

You are a chosen race. Sing the praises of the one who called you out of darkness into his wonderful light (1 Pet 2:9)

I

Praise the name of the Lord,*
praise him, servants of the Lord,
who stand in the house of the Lord*
in the courts of the house of our God.

Praise the Lord for the Lord is good.*
Sing a psalm to his name for he is loving.
For the Lord had chosen Jacob for himself*
and Israel for his own possession.

For I know the Lord is great,*
that our Lord is high above all gods.
The Lord does whatever he wills,*
in heaven, on earth, in the seas.

He summons clouds from the ends of the earth;
makes lightning produce the rain;*
from his treasures he sends forth the wind.

The first-born of the Egyptians he smote,*
of man and beast alike.
Signs and wonders he worked
in the midst of your land, O Egypt,*
against Pharaoh and all his servants.

Nations in their greatness he struck*
and kings in their splendour he slew.
Sihon, king of the Amorites,

Og, the king of Bashan,*
and all the kingdoms of Canaan.
He let Israel inherit their land;*
on his people their land he bestowed.

Ant. The Lord is great; our God is high above all gods.

17-23 December: The one who is to rule will come from

Sion: 'The Lord, Immanuel' is his great name.

Easter tide: I, the Lord, am your Saviour, I am your
Redeemer, alleluia.

Ant.2: Sons of Israel, bless the Lord! Sing a psalm to his
name, for he is loving.

17-23 December: Stand steadfast. You will see the help-
ing power of the Lord.

Easter tide: Blessed is the kingdom of our father David
which has come among us, alleluia.

II

Lord, your name stands for ever,*
unforgotten from age to age:
for the Lord does justice for his people;*
the Lord takes pity on his servants.

Pagan idols are silver and gold,*
the work of human hands.
They have mouths but they cannot speak;*
they have eyes but they cannot see.

They have ears but they cannot hear;*
there is never a breath on their lips.

Their makers will come to be like them*
and so will all who trust in them!

Sons of Israel, bless the Lord!*

Sons of Aaron, bless the Lord!

Sons of Levi, bless the Lord!*

You who fear him, bless the Lord!

From Sion may the Lord be blessed,*
he who dwells in Jerusalem!

Ant. Sons of Israel, bless the Lord! Sing a psalm to his
name, for he is loving.

17-23 December: Stand steadfast. You will see the help-
ing power of the Lord.

Eastertide: Blessed is the kingdom of our father David
which has come among us, alleluia.

Ant.3: All peoples will come and adore you, Lord,

17-23 December: I look to the Lord; I will await the God
who saves me.

Eastertide: Let us sing to the Lord; great is his triumph,
alleluia.

Hymn of adoration

Canticle: Rev 15:3-4

Great and wonderful are your deeds,*

O Lord God the Almighty!

Just and true are your ways,*

O King of the ages!

Who shall not fear and glorify your name, O Lord?*

For you alone are holy.

All nations shall come and worship you,*

for your judgments have been revealed.

Ant.All peoples will come and adore you, Lord.

17-23 December: I look to the Lord; I will await the God
who saves me.

Eastertide: Let us sing to the Lord; great is his triumph,
alleluia.

Through the Year

SCRIPTURE READING

Jas 1:2-4

My brother! Consider yourselves fortunate when all kinds of trials come your way, because you know that when your faith succeeds in facing such trials, the result is the ability to endure. Be sure that your endurance carries you all the way, without failing, so that you may be perfect and complete, lacking nothing.

SHORT RESPONSORY

R Christ loved us and has washed away our sins with his blood. Repeat **R**

V He made us a line of kings, priests to serve God.**R**

Glory be. **R**

Magnificat ant. The Lord has come to help us, his servants; he has remembered his mercy.

INTERCESSIONS

Father, Christ prayed that we be forgiven through his passion. As you accepted him, accept his prayer for all sinners. **R** Father, into your hands I commend my spirit.

Through his beloved disciple, Jesus gave us Mary to be our mother;--with her we pray to you for all her children. **R**

Father, heed the anguish of those who cry out to you with your Son:--'My God, my God, why have you forsaken me?' **R**

Help us to hear the cry, 'I thirst';--help us to see your Son, even in the least of his brothers. **R**

To the man dying with him, Jesus said, 'Truly I say to you, this day you will be with me in Paradise.' --Father, let these words be heard again by those who die tonight. **R**

We pray for those who have gone before us, signed with the sign of the cross:--may they rise with Christ in power when his voice resounds again through the universe:'It is consummated.' **R**

Our Father

CONCLUDING PRAYER

Holy Father and Lord,
you willed that christ your Son
should be the price of our salvation.
Give us grace so to live,
that through sharing his sufferings
we may be strengthened by the power of his resurrection,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

WEEK 3 : SATUARDAY

Invitatory ant. The Lord's is the earth and its fulness:
come, let us adore him.

Psalm, p [5].

MORNING PRAYER

Hymn, from the appendix, for the Season.

Thorough the Year

It were my soul's desire
To see the face of God'
It were my soul's desire
To rest in his abode.

Grant, Lord, my soul's desire,
Deep waves of cleansing signs,
Grant, Lord, my soul's desire,
From earthly cares to rise.

It were my soul's desire
To imitate my King,
It were my soul's desire
His endless praise to sing.

It were my soul's desire,
When heaven's gate is won,
To find my soul's desire,
Clear shining like the sun.

This still my soul's desire,

Whatever life afford,
To gain my soul's desire
And see thy face, O Lord.

PSALMODY

Ant. I : You, O Lord, are close : your ways are truth.

17-23 December: God will come from Lebanon and his
splendour is like the light.

Easter tide: The words I have spoken to you are spirit and
they are life, alleluia.

Psalm 118(119):145-152 XIX(Koph)

I call with all my heart; Lord, hear me,*
I will keep your commands.
I call upon you, save me*
and I will do your will.

I rise before dawn and cry for help,*
I hope in your word.
My eyes watch through the night*
to ponder your promise.

In your love hear my voice, O Lord;*
give me life by your decrees.
Those who harm me unjustly draw near:*
they are far from your law.

But you, O Lord, are close:*
your commands are truth.
Long have I known that your will*
is established for ever.

Ant. You, O Lord, are close: your ways are truth.

17-23 December: God will come from Lebanon and his
splendour is like the light.

Easter tide: The words I have spoken to you are spirit and
they are life, alleluia.

Ant. 2: Lord, let your wisdom be with me to help me and to work with me.

17-23 December: Send the Holy One, like the dew, you heavens, and let the clouds rain down. Let the earth open for the Saviour to spring forth.

Easter tide: Lord, you have set up your temple and altar on your holy mountain, alleluia.

O Lord, give me wisdom

Canticle: Wis 9:1-6,9-11

I myself will give you an eloquence and a wisdom that none of your opponents will be able to resist (Lk 21:15)

O God of my fathers and Lord of mercy,*
who have made all things by your word,
and by your wisdom have formed man*
to have dominion over the creatures you have made,
and rule the world in holiness and righteousness,*
and pronounce judgment in uprightness of soul,
give me the wisdom that sits by your throne,*
and do not reject me from among your servants.

For I am your slave*
and the son of your maidservant,
a man who is weak and short-lived,*
with little understanding of judgment and laws;
for even if one is perfect among the sons of men,
yet without the wisdom that comes from you*
he will be regarded as nothing.

With you is wisdom, who knows your works*
and was present when you made the world,
and who understands what is pleasing in your sight*
and what is right according to your commandments.

Send her forth from the holy heavens,*
and from the throne of your glory send her,
that she may be with me and toil,*

and that I may learn what is pleasing to you;
for she knows and understands all things,
and she will guide me wisely in my actions*
and guard me with her glory.

Ant. Lord, let your wisdom be with me to help me and to
work with me.

17-23 December: Send the Holy One, like the dew, you
heavens, and let the clouds rain down. Let the earth open
for the Saviour to spring forth.

Easter tide: Lord, you have set up your temple and altar on
your holy mountain, alleluia.

Ant 3: The truth of the lord will stand firm for ever.

17-23 December: Israel, be ready to meet the Lord, for he
is coming.

Easter tide: I am the Way, the Truth and the Life, alleluia.

Praise to the God of merciful love **Psalm 116(117)**

I ask the nations to give praise to God for his mercy (Rom 15:8-9)

O Praise the Lord, all you nations,*
acclaim him all you peoples!

Strong is his love for us;*
he is faithful for ever.

Ant. The truth of the Lord will stand firm for ever.

17-23 December: Israel, be ready to meet the Lord, for he
is coming.

Easter tide: I am the Way, the Truth and the Life, alleluia.

Through the Year

SCRIPTURE READING **Phil 2:14-15**

Do everything without complaining or arguing, so that
you may be innocent and pure, as God's perfect children
who live in a world of corrupt and sinful people. You must
shine among them like stars lighting up the sky.

SHORT RESPONSORY

R I called to you, Lord, you are my refuge. Repeat R

V You are all I have in the land of the living. R Glory be. R

Benedictus ant. Give your light, Lord, to those who sit in darkness and in the shadow of death.

INTERCESSIONS

From all eternity God chose Mary to be Mother of Christ.

Therefore she is above all other creatures both in heaven

and on earth. With her we proclaim: R My soul glorifies the Lord.

Father, your Son Jesus gave his mother to the Church, a perfect example of faith: - may we accept your word in faith, as she did. R

Mary listened to your voice, and brought your Word into the world: - by answering your call, may we too bring your Son to men. R

You strengthened Mary to stand at the foot of the cross and filled her with joy at the resurrection: - by her intercession, lighten our sorrow and reinforce our hope. R

Our Father

CONCLUDING PRAYER

Lord God,
source and origin of our salvation,
make our lives here on earth so proclaim your glory,
that we may praise you without ceasing in heaven.

(We make our prayer) through our Lord.

